



# CURIOSITY BUILDING EXPERIENCES

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## Hello, I am Ryan.

Throughout my life, doubters have been telling me my limits. In some cases I started to believe that I wasn't capable of certain things I set out to achieve, and it delayed me. My parents limited my exposure to certain sports and other development opportunities. My speech impediment in early childhood made me feel weak. There were plenty of opinions about what I was capable of that could have easily become my reality, by simply giving up. Who would have questioned it?

## Me, I did.

However as I grew, I realized that they had no control over me if I broke free from their limiting beliefs living in my head. Those thoughts were an unwanted guest. So, I began to DREAM bigger. To become more curious, and always be willing to take leaps knowing I could fail. But at least I was learning and growing through every change. I turned the doubt into rocket fuel for my own curiosity.

As my career in the construction industry progressed, I began to become impatient with how slow things were changing and advancing. I needed to know why some struggled with change, and why others excelled. Forced compliance was not the answer, and who was I to judge on someone's reasoning. I believed I could support others more if I had a better understanding of the human complexity around change. Maybe I could help them remove unwanted limiting beliefs living in their heads.

Today, I help Future Construction Industry Leaders build stronger relationships with change. By learning to enhance this relationship, teams begin to understand how the change is happening with them, not to them.